

# CURRICULUM VITAE

## LISA NATASHA WETTON (BACA)

### PHYSICALLY SPEAKING - The Foundation for Natural Dance

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Email: [lisa@physicallyspeaking.co.uk](mailto:lisa@physicallyspeaking.co.uk)

[www.physicallyspeaking.co.uk](http://www.physicallyspeaking.co.uk) Graduated 1997 BA Creative Arts (Hons) Contemporary Dance & Theatre. Trading as Physically Speaking since 2007.

Most recent work 2013 / 2014 includes developing holistic movement sessions with special needs and autistic children to enhance life and communication skills. Arts Event Organiser.

Last work as a dance performer with Cheshire Dance and Walk the Plank on a site specific spectacle production which performed for the Olympic Torch ceremonies in Summer 2012.

### **COMMUNITY & Education WORKSHOPS & Teaching Experience**

Various freelance work with: *Frontline Dance; Letting in the Light; New Vic Education; B Arts; The Cultural Sisters; Argy Bhaji Productions; Pablo Productions; PiCL Stoke & CP Black Country and Birmingham; Stoke-on-Trent City Council; Staffordshire County Council; Staffordshire Moorlands District Council; Shropshire County Council; Manchester Metropolitan University & Keele University.*

Ongoing work as Creative Director of Physically Speaking, Lisa has worked nationally across the education system devising creative projects to support the national curriculum. Working across ages from nursery through to college of the third age. Taking groups out to open sites and exploring experiences of the environment and connecting and communicating through movement. Having provided INSET training days for teachers nationally and worked as a consultant on creative training courses in the West Midlands for new creative practitioners and PGCE students at Keele & Manchester Metropolitan Universities, investigating the use of creative movement throughout the curriculum to engage kinesthetic learners.

Between 2003 - 2005 - Youth Theatre leader/choreographer at the *New Vic Theatre*. Part-time lecturer of Performance Studies at *Stoke-on-Trent Sixth Form College*, Fenton and a proportional lecturer for Performing Arts at *Stoke-on-Trent College*, Burslem. Various cover posts include leading in practical set dances for GCSE mainstream dance students and dance & movement therapy with performing arts college special needs students.

### **APPROACH**

Live Arts forms the basis of study, choreography, interaction, theatre, dance, devising, language, video & sound installations and an inherent drive to work across art forms. Lisa has collaborated with dancers, physical theatre performers and site-specific devisors from the UK and further afield, film-makers, story-tellers, costume makers, dj's and vj's (visual specialists), visual artists and musicians. Working spontaneously and organically with an intention to evolve natural skills in others and inspire genuine creativity.

Also an Advanced Stage Combatant of the British Academy of Dramatic Combat with skills in 5 weapons systems and unarmed combat and also practices Lau Gar Kung Fu, Tai Chi and Qi Gong.

Very well networked in the UK Community Dance/Arts Sector.

## **CHOREOGRAPHY, DIRECTION & PERFORMANCE WORK INCLUDES:**

### **FILM, MOVING IMAGE, VIDEO, TV**

<i>In Your Arms</i> Andy Moore	Junction 15 Productions Music Video Armada TV	
<i>Essence of Life</i>	NGS Exhibition	Moving image
<i>The Secret Ingredient</i>	Infinite Wisdom	Whole school Bollywood film
<i>The Universal Law</i> * screened at Birmingham Symphony Hall 2009	Iceni TV	Shirelands Collegiate Academy
<i>Space Odyssey</i>	Junction 15 Productions	Music Video
<i>Written on the Body</i> * Screened at Thinktank Digital Planetarium as part of FRACTURE 2007	Grooving Image Productions	Thinktank, B'ham 360 Moving Image
<i>Ryan Bizzle</i>	Junction 15 Productions	Music Video
<i>Hearts on Fire</i>	Chris Stone Productions	Creative Partnerships
<i>What a Difference a Day Makes</i>	E-Motion Dance	Oakengates Theatre
* <i>Digi-dance</i> * screened The Big Youth Dance Film Screening 2005 at The Royal Festival Hall, London (seen by 8000 visitors).	Thomas Adams Media Arts	Moving Image Short

### **THEATRE & SITE-SPECIFIC WORK**

<i>The Moment When . . .</i>	Cheshire Dance & Walk the Plank	Various UK Locations (Cultural Olympiad)
<i>Embrace The Games</i>	Cheshire Dance	Tatton Park
<i>Dovedale Trail</i>	Forest Park students	Dovedale
<i>Projekt Zirkus</i>	DATfest Digital Arts Fest	Bethesda Gardens
<i>Clay</i>	B Arts	Burslem School of Art
<i>The Power of Ten</i>	Freedom Dance	The Regent Theatre
<i>Station/Stationary</i>	Body Cartography (USA) & Cheshire Dance	Crewe Station
<i>Digital X – Digital Dystopia</i>	Project X Presents	BUSK, Birmingham
<i>600 community performers</i>	Stoke City Council	Britannia Stadium
<i>What a Difference a Day Makes</i>	SJT Dancers E:Motion	Shrewsbury Music Hall & Oakengates Theatre, Telford
<i>Sensory Experience</i>	Creative Partnerships & Letting in the Light	Anglesey Beach
<i>Hearts on Fire</i>	Creative Partnerships	Site-specific @

<i>Two Heads are better than One</i>	Liquidlanguage	Thistley Hough CP Stoke launch
<i>Antigone</i>	New Vic Senior Youth Theatre	New Vic Theatre
<i>Integrating Generations</i>	BorderDance	The Grange Shrewsbury
<i>Untitled devised piece</i>	New Vic Borderlines	New Vic Studio
<i>Physically Speaking</i>	Nantwich Youth Theatre	Nantwich Festival
<i>The Caucasian Chalk Circle</i>	New Vic Youth Theatre	New Vic Theatre
<i>Sean the Fool, The Devil And the Cats /Orpheus / My Home Town (devised)</i>	New Vic Youth Theatre	New Vic Studio
<i>Watch This Space (devised)</i>	New Vic Youth Theatre	S-o-T Sixth Form
<i>Relationships (devised)</i>	Liquidlanguage	New Vic Studio
<i>Living Without Air</i>	MMU Students	The Green Room, Manchester

### PERFORMANCE DANCE & THEATRE

<i>Embrace the Games Conference</i>	Cheshire Dance	Tatton Park
<i>A Game of 2 Arfs - SDC</i> with Wired Aerial Theatre	Aerial wall/	Regent Theatre, Stoke
<i>Big Dance West Midlands</i> (Instructing, facilitating and leading performance of Rosie Kay's choreography)	Argy Bhaji	Piccadilly, Stoke
<i>Drop Beats Not Bombs</i>	SDC	The Custard Factory
<i>Two Heads are better than One</i>	Liquidlanguage	CP Hothouse
<i>The Witches</i>	Witch	Birmingham Rep Tour/Regent Theatre, S-o-
T		
<i>Relationships</i>	Liquidlanguage	New Vic Studio
<i>Carmen</i>	Smiley Lady	New Vic Theatre, Octagon Theatre, Stephen Joseph, Theatre, The Green Room, Manchester
<i>It Was This Big (Devised)</i>	Numerous	

### PERFORMANCE TELEVISION

<i>Cold Feet</i>	Rebecca Sanders	Granada Television
<i>The Grimleys</i>	Dancing Cat	Granada Television

### CONTACT:

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## **PAST EXPERIENCE, PROFESSIONAL DEVELOPMENT & EMPLOYMENT SINCE GRADUATION**

2011- The Moment When . . . **Research & Development, Cheshire Dance and Walk the Plank.**  
2011 - Embrace The Games Tatton Park. **Lead by Jacqueline McCormick (Cheshire Dance), Ruth Spencer (Independent Artist) and Aerial Hoop training with Vicki Amedume (Upswing).**  
2011 – **Advanced Stage Combatant training – British Academy of Dramatic Combat**  
2010 – **Choreography workshop with Bettina Strickler**  
2010 – **Site-specific dance explorations with Anna MacDonald, Forecast Dance**  
2008/9/10 – **Movement across the curriculum, PGCE Students at Keele University**  
2008/9/10 – **Freedom Youth Dance Company Leader**  
2009 – **British Academy of Dramatic Combat – Intermediate Gold Certification.**  
2009 – **Shadowing Kate Waters – BADC Fight Director, New Vic Theatre**  
2009 – **Shadowing Beverly Edmunds – Choreographer, New Vic Theatre**  
2009 - **Contact Improvisation with Ray Chung (San Francisco) Cheshire Dance**  
2008 – **Big Dance West Midlands tutoring choreography by Rosie Kay**  
2008 – **Pollen8 – Intensive site-specific residency with Body Cartography Project (USA)**  
2008 – **Intensive aerial training & performance training with Wired Aerial Theatre**  
2008 – **Choreography & Movement Workshops for MMU**  
2007/08 - **Speaker at Aliss Arts Creative Apprentices training courses, The Mac, Birmingham**  
2007 – **Movement for Early years training with Sally Ridgway**  
2007 – **3 days Site Specific exploration with Helen Poyner, Devon**  
2007 – **Workshop with Tom Roden, New Art Club**  
2007 – **Workshop with Helen Parlour, Motionhouse Dance Theatre**  
2007 – **1 Week Choreographic Residency with Andrea Buckley, Chapter4**  
2007 – **Workshop with Kerry Nicholl's, MMU, Cheshire**  
2007 – **Workshop with Julia Griffin, MMU, Cheshire**  
2007 – **Poetry in Motion, movement based workshops for PGCE students, MMU.**  
2007 – **Choreography Workshops – Final year Dance Production, MMU.**  
2007 – **'Walking with Dancers,NUT at NEC, Education show.**  
2007 - **CP teachers INSET on Kinaesthetic teaching and learning Keele University.**  
2005 – 2007 – **Get Creative Dance Artist for South Staffordshire Council.**  
2005 – 2006 – **Extended Schools Workshops/Creative Space projects, Stoke Council.**  
2006 – **Speaker at DfeS on behalf of Creative Partnerships, re the art of partnership**  
2006 - **Bungee Assisted Dance Workshops with Wired Aerial Theatre, London.**  
2006 - **The Art of Money with Maureen McCulloch Arts & Media Training, Coventry**  
**Art of Partnership with Gwen Van Spijk through Arts & Media Training, Coventry**  
**Dance Workshop with Finn Walker of Walker Dance Park Music**  
2005 – **Founding Member of Staffordshire Dance Collective - Providing Professional Dance development provision for artists in Staffordshire.**  
2005 - **New Directions Choreography Course – DanceXchange, Birmingham YDE**  
2005 – **Dance Workshops with Motionhouse Dance Theatre**  
2005 - **Art Council England dance film initiative *FRACTURE* (18 month programme).**  
**B.K.F.A Licence for Lau Gar Kung Fu & Kick Boxing**  
2005 - **Dance Workshops with Jasmin Vardimon Dance Company**  
2004 – 2007 – **Dance Instructor for Stagecoach Theatre Arts, Telford.**  
2004 – **Faith, Hope & Clarity –Cheshire Dance Workshops;**  
2004 - **The Art of Empowerment – Salford University**  
2004 - **Dance Workshop with Robert Vincent of The Merce Cunningham Dance Co**  
2003 - 2005 - **Youth Theatre leader/choreographer at the New Vic Theatre. Part-time lecturer of Performance Studies at Stoke-on-Trent Sixth Form College, Fenton and a proportional lecturer for Performing Arts at Stoke-on-Trent College, Burslem.**  
2003 - **Stress Management & Dealing with Difficult People - New Vic Borderlines.**  
2002 - **Press & PR led by Jim Fletcher, Publicity Manager for English National Ballet**  
2002 - 2006 - **Youth Dance leader of E:Motion, Thomas Adams Media Arts Centre**  
2002 – 2008 - **Director on the board for *FRONTLINE*dance, integrated dance company.**  
2000 - **3yrs in Press & Publicity for professional producing theatre, New Vic.**  
1998 - **2yrs in Artist Management for London based artists (Norwell Lapley Associates)**  
1997 - 1998 - **Dance & Drama Workshop Devisor, Reading Council Community Arts Projects**  
1997 - **Upper 2:1 BA Hons Degree in Creative Arts – Dance & Theatre from Manchester Metropolitan University**